



NORTH CAROLINA
Healthy Schools

2017 – 2018

Middle School Athletics

Manual Update

2017 – 18 MS Athletic Manual

2017-18 edition contains four sections

- Eligibility
- Health & Safety
- General Rules and Regulations
- Sports Regulation

Technical Changes

State Board Policies have been updated to new codes.
Example: HRSD-001 to ATHL-001

New Superintendent Mark Johnson has been added

Footers/page numbers updated

Rule Clarification

Start of the fall sports season:

Practice may begin no earlier than six (6) school days prior to the first day of school for students in the fall semester to November 15.

Changes on pages 10, 22, 26, 36

Eligibility Section

Existing rules moved to this section:

- **Felony Policy** (pg. 9)
- **Students with Identified Disabilities** (pg.11)
- **Hardships** (pg. 11)
 - now located at the end of the eligibility section

Eligibility Section

2 new additions

- **Gfeller Waller** (pg. 9)
 - this addition denotes the required paperwork for participation
- **Sports Pre-participation and Medical Examination Form** (pg.11)
 - This addition denotes the requirement of a physical before participation as well as access to the forms

Health and Safety Section

Newly created for the 2017 – 18 Manual

Existing rules moved to this section:

- **Sports Pre-participation and Medical Examination Form** (pg. 12)
 - Includes
 - Students absent from athletic practice for five or more consecutive days due to illness or injury must receive a medical release from a physician licensed to practice medicine before re-admittance to practice or contests.
 - It is recommended that players be covered by adequate medical and accident insurance and that medical aid be immediately available at all times.
 - Schools should have medical release forms on site at athletic events in case medical treatment is required.

Health and Safety Section

Newly created for the 2017 – 18 Manual

Existing rules moved to this section:

- Inclement/Hot Weather Guidelines (pg. 14)
- Sanitary and Safety Measures (pg. 14)

Health and Safety Section

3 new additions

- Athletic Injury Management (pg. 12)
 - NC School Board statement on athletic trainers/first responders from State Board Policy ATHL-000

“LEAs shall work toward having a licensed athletic trainer or first responder available for all school practices and games of all sports at both the high school and middle school.”

<http://stateboard.ncpublicschools.gov/policy-manual/athletics/policy-regarding-athletic-trainers>

Health and Safety Section

3 new additions

- Gfeller Waller Concussion Awareness (pg. 12 – 13)
 - Required information sheets / signatures
 - Emergency Action Plan
 - Injury protocol
 - Return to Play protocol

Health and Safety Section

3 new additions

- **Tobacco Policy** (pg. 15)
 - The use of all tobacco products, including but not limited to e-cigarettes and all vaping products, by any person in school buildings, in school facilities, on school campuses, and in or on any other school property owned or operated by the local school administrative unit is prohibited.

General Rules and Regulations

Existing Rules Moved to this section

- No Sunday practice (pg. 17)
- Head coach recommendation to attend rules (pg. 19)
- Officials not allowed to be taken from the stands (pg.19)

General Rules and Regulations

2 new additions

- Coach recommendations (pg. 19)
 - It is recommended that all coaches, paid and volunteer, take the following free NFHS courses annually:
<https://www.nfhslearn.com/>
 - a. Concussion in Sports
 - b. Sudden Cardiac Arrest
 - c. Heat Illness Prevention

General Rules and Regulations

2 new additions

- Physical required for participation in skill development
 - To participate, students must have a current and valid sports pre-participation and medical examination form

Questions

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