



Middle School Breakfast & Lunch Menus  
August & September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>August 26</p> <p><b>Southern Breakfast Biscuit Cereal &amp; Grahams</b></p> <p><b>Pizza Dippers w/ Sauce Manager's Choice Entrée</b> Broccoli Glazed Sweet Potatoes Assorted Fruit Milk</p>	<p>27</p> <p><b>Egg Croissant</b></p> <p><b>Nachos BBQ Sandwich</b> Refried Beans Collard Greens Mixed Fruit Milk</p>	<p>28</p> <p><b>Yogurt Parfait with Granola Cereal &amp; Grahams</b></p> <p><b>Chicken Rice Bowl Cheeseburger</b> Carrots Turnip Greens Assorted Fruit Milk</p>	<p>29</p> <p><b>Scrambled Eggs w/ Biscuit &amp; Grits Hashbrown Rounds</b></p> <p><b>Pasta w/ Meatsauce &amp; Garlic Bread Hot Dog w/ Toppings</b> Garden Salad Vegetarian Baked Beans Assorted Fruit Milk</p>	<p>30</p> <p><b>Bagel Bar Cereal &amp; Grahams</b></p> <p><b>Pizza</b> French Fries Green Beans Assorted Fruit Milk</p>
<p>September 2</p> <p><b>No School</b></p> <p><b>Labor Day Holiday</b></p>	<p>3</p> <p><b>Sausage Biscuit Cereal &amp; Grahams</b></p> <p><b>OCS Deli Sub Corn Dog Nuggets</b> Pinto Beans Sweet Potatoes Collard Greens Assorted Fruit Milk</p>	<p>4</p> <p><b>Yogurt Parfait with Granola</b></p> <p><b>Country Style Steak w/ Roll Chicken Sandwich</b> Spinach Mashed Potatoes Assorted Fruit Milk</p>	<p>5</p> <p><b>French Toast Sticks Cereal &amp; Grahams</b></p> <p><b>Beefaroni w/ Garlic Bread Corn Dog</b> Garden Salad Green Beans Assorted Fruit Milk</p>	<p>6</p> <p><b>Pancake on a Stick</b></p> <p><b>Pizza Fish Basket w/ Hushpuppies</b> Cabbage French Fries Assorted Fruit Milk</p>
<p>9</p> <p><b>Southern Breakfast Biscuit Cereal &amp; Grahams</b></p> <p><b>Pizza Dippers w/ Sauce Manager's Choice Entrée</b> Broccoli Glazed Sweet Potatoes Assorted Fruit Milk</p>	<p>10</p> <p><b>Egg Croissant</b></p> <p><b>Nachos BBQ Sandwich</b> Refried Beans Collard Greens Mixed Fruit Milk</p>	<p>11</p> <p><b>Yogurt Parfait with Granola Cereal &amp; Grahams</b></p> <p><b>Chicken Rice Bowl Cheeseburger</b> Carrots Turnip Greens Assorted Fruit Milk</p>	<p>12</p> <p><b>Scrambled Eggs w/ Biscuit &amp; Grits Hashbrown Rounds</b></p> <p><b>Pasta w/ Meatsauce &amp; Garlic Bread Hot Dog w/ Toppings</b> Garden Salad Vegetarian Baked Beans Assorted Fruit Milk</p>	<p>13</p> <p><b>Bagel Bar Cereal &amp; Grahams</b></p> <p><b>Pizza</b> French Fries Green Beans Assorted Fruit Milk</p>
<p>16</p> <p><b>Southern Breakfast Biscuit</b></p> <p><b>Mac &amp; Cheese Teriyaki Beef Bites w/ Rice</b> Turnip Greens Carrots Baked Apples Assorted Fruit Milk</p>	<p>17</p> <p><b>Sausage Biscuit Cereal &amp; Grahams</b></p> <p><b>OCS Deli Sub Corn Dog Nuggets</b> Pinto Beans Sweet Potatoes Collard Greens Assorted Fruit Milk</p>	<p>18</p> <p><b>Yogurt Parfait with Granola</b></p> <p><b>Country Style Steak w/ Roll Chicken &amp; Waffle</b> Spinach Mashed Potatoes Assorted Fruit Milk</p>	<p>19</p> <p><b>French Toast Sticks Cereal &amp; Grahams</b></p> <p><b>Beefaroni w/ Garlic Bread Corn Dog</b> Garden Salad Green Beans Assorted Fruit Milk</p>	<p>20</p> <p><b>Pancake on a Stick</b></p> <p><b>Pizza Fish Basket w/ Hushpuppies</b> Cabbage French Fries Assorted Fruit Milk</p>
<p>23</p> <p><b>Southern Breakfast Biscuit Cereal &amp; Grahams</b></p> <p><b>Pizza Dippers w/ Sauce Manager's Choice Entrée</b> Broccoli Glazed Sweet Potatoes Assorted Fruit Milk</p>	<p>24</p> <p><b>Egg Croissant</b></p> <p><b>Nachos BBQ Sandwich</b> Refried Beans Collard Greens Mixed Fruit Milk</p>	<p>25</p> <p><b>Yogurt Parfait with Granola Cereal &amp; Grahams</b></p> <p><b>Chicken Rice Bowl Cheeseburger</b> Carrots Turnip Greens Assorted Fruit Milk</p>	<p>26</p> <p><b>Scrambled Eggs w/ Biscuit &amp; Grits Hashbrown Rounds</b></p> <p><b>Pasta w/ Meatsauce &amp; Garlic Bread Hot Dog w/ Toppings</b> Garden Salad Vegetarian Baked Beans Assorted Fruit Milk</p>	<p>27</p> <p><b>No School</b></p> <p><b>Teacher Workday</b></p>
<b>The following are also available daily:</b>				
<b>Breakfast:</b> Cereal with Graham Crackers, Assorted Grab and Go options, 100% Fruit Juice, Fruit Choice and Fat Free Chocolate, Skim & 1% Milk				
<b>Lunch:</b> Fat Free Chocolate, Skim and 1% Milk				
OCS Yogurt Bistro Box		OCS Salads w/ Crackers		

Menus are subject to change. This institution is an equal opportunity provider.

# Orange County Schools Child Nutrition Information



## Apply online for free or reduced price meals!

Now you can apply online for your children to receive free or reduced price meals. Your application will be sent from a secure web site directly to OCS Child Nutrition Services, so you don't need to worry about filling out a paper form that could be lost or misplaced. The website, [www.LunchApplication.com](http://www.LunchApplication.com), has been designed to make it easy for you to know exactly what information you need to provide and to guide you through the process. Once your application has been received, the district office will determine your eligibility and send you a letter with the results. LunchApplication.com is an easy, secure and convenient way to apply for free or reduced price meals.

To apply, simply go to [www.LunchApplication.com](http://www.LunchApplication.com)



## Online Payments at K12Payment Center

You can now create an online and secured account with [K12PaymentCenter.com](http://K12PaymentCenter.com) that allows you to have Premium Account's access to student account balances, meal history, and the ability to set up email notifications for low balance. Effective July 1, 2016, existing accounts will be upgraded to Premium account access.

The charges for [K12PaymentCenter.com](http://K12PaymentCenter.com) include the following:

- A \$1.95 flat fee per payment;
- A \$100 maximum amount, per payment;
- There is no required minimum payment.

## Meal Charge Policy

Students who are required to pay for meals are expected to provide payment in a timely manner. The Board recognizes, however, that students occasionally may forget or lose their meal money. In the event that a student in elementary or middle school is unable to pay for a meal on a particular day, the student may charge a reimbursable meal. A student carrying a negative balance of \$10.00 in a meal account will not be permitted to accrue additional charges until the negative balance drops below \$10.00. Instead, the student will be served a designated alternate meal provided at no cost to the student. Appropriate modifications to the alternative meal will be made when required by the student's documented special dietary needs. To safeguard the dignity and confidentiality of students in the serving line, reasonable efforts must be used whenever possible to avoid calling attention to a student's inability to pay. Middle school students will receive a voucher that must be paid the following day once the above \$10.00 limit has been reached. High school students and adults are not eligible to charge meals. A la carte or additional items including extra milk may not be charged.

The child nutrition director and principal shall work jointly to prevent meal charges from accumulating and shall make every effort to collect all funds due to the child nutrition program on a regular basis and before the end of the school term. Notices of low or negative balances in a child's meal account will be sent to parents and the principal at regular intervals during the school year. If a parent regularly fails to provide meal money and does not qualify for free meal benefits, the child nutrition director shall inform the principal, who shall determine the next course of action in accordance with law. Parents are expected to pay all meal charges in full by the last day of each school year. Negative balances on student accounts will be carried forward to the following school year. However, the Superintendent shall ensure that federal child nutrition funds are not used to offset the cost of unpaid meals and that the CNP is reimbursed for bad debt resulting from uncollected student meal charges prior to September 30 each year.

This policy and any applicable procedures regarding meal charges must be communicated to school administrators, school food service professional, parents and students. Parents will receive a written copy of the meal charges policy and any applicable procedures at the start of each school year and at any time their child transfers into a new school during the school year.

## 2019-2020 Meal Prices

### BREAKFAST PRICES

Full Price (Middle & High)	<b>\$1.40</b>
Reduced Price (Elementary, Middle & High)	<b>\$0.30</b>
Free Price (Elementary, Middle & High)	<b>.Free</b>
All Elementary Students PreK - Grade 5	<b>.Free</b>
All Teachers/ Adults	<b>A la Carte</b>

### LUNCH PRICES

Full Price (Elementary)	<b>\$2.45</b>
Full Price (Middle & High)	<b>\$2.95</b>
Reduced Price (Elementary, Middle & High)	<b>\$0.40</b>
Free Price (Elementary, Middle & High)	<b>Free</b>
All Teachers/ Adults	<b>A la Carte</b>