

## High School Breakfast & Lunch Menus April & May 2019

Monday		Tuesday	Wednesday	Thursday	Friday
	1		2	4	
Spring Break		Spring Break	Spring Break	Spring Break	Spring Break
Southern Breakfast Biscuit	8	Sausage Biscuit	9 OCS Breakfast Biscuit	Chicken Biscuit	Doughnut
		•			
Mac & Cheese w/ Roll		BBQ Sandwich	Chicken Nuggets w/ Roll	Turkey Rice Bowl	Pizza
Grilled Chicken Sandwich		Hot Dog w/ Toppings	Manager's Choice Entrée	Roasted Chicken w/ Roll	Fish Sandwich
Seasoned Turnip Greens		Sweet Potato Fries	Scalloped Potatoes	Steamed Cabbage	French Fries
Baked Apples		Baked Beans	Broccoli	Lima Beans	Coleslaw
Fruit Choice		Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice
Milk		Milk	Milk	Milk	Milk
	15		16 17	18	
Southern Breakfast Biscuit		Breakfast Pizza	OCS Breakfast Biscuit	Chicken Biscuit	Holiday
			Yogurt Parfait		,
Cheese Pizza		Popcorn Chicken w/Roll	Meatloaf w/ Roll	Pasta w/ Meatsauce & Garlic Bread	
Meatballs w/ Gravy & Rice		Cheeseburger	Chicken & Waffles	Chicken Sandwich	April is National Garden Mont
Turnip Greens		Pinto Beans	Mashed Potatoes	Garden Salad	A -
Sweet Potatoes		Broccoli	Green Peas	Manager's Choice Veggie	1
Fruit Choice		Fruit Choice	Fruit Choice	Fruit Choice	36
Milk		Milk	Milk	Milk	
	22	Earth Day	23 24		
Southern Breakfast Biscuit	~~	Sausage Biscuit	OCS Breakfast Biscuit	Chicken Biscuit	Doughnut
		-			-
Mac & Cheese w/ Roll		BBQ Sandwich	Chicken Nuggets w/ Roll	Turkey Rice Bowl	Pizza
Grilled Chicken Sandwich		Hot Dog w/ Toppings	Manager's Choice Entrée	Roasted Chicken w/ Roll	Fish Sandwich
Seasoned Turnip Greens		Sweet Potato Fries	Scalloped Potatoes	Steamed Cabbage	French Fries
Baked Apples		Baked Beans	Broccoli	Lima Beans	Coleslaw
Fruit Choice		Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice
Milk		Milk	Milk	Birthday Treat Milk	Milk
	29		30 May 1		School Lunch Hero Day
Southern Breakfast Biscuit		Breakfast Pizza	OCS Breakfast Biscuit	Chicken Biscuit	Doughnut
			Yogurt Parfait		
Cheese Pizza		Popcorn Chicken w/Roll	Meatloaf w/ Roll	Pasta w/ Meatsauce & Garlic Bread	Fish w/ Corn Muffin
Meatballs w/ Gravy & Rice		Cheeseburger	Chicken & Waffles	Chicken Sandwich	Pizza
Turnip Greens		Pinto Beans	Mashed Potatoes	Garden Salad	Corn
Sweet Potatoes		Broccoli	Green Peas	Manager's Choice Veggie	Carrots & Celery Bag
Fruit Choice		Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice
Milk		Milk	Milk	Milk	Milk
Southern Breakfast Biscuit	6	Sausage Biscuit	7 OCS Breakfast Biscuit	9 Chicken Biscuit	Doughnut
Southern Dieaklast Discuit		Jausage Distuit	OCS Dicariast Discuit	Cinckell Discuit	Dougimut
Mac & Cheese w/ Roll		BBQ Sandwich	Chicken Nuggets w/ Roll	Turkey Rice Bowl	Pizza
Grilled Chicken Sandwich		Hot Dog w/ Toppings	Manager's Choice Entrée	Roasted Chicken w/ Roll	Fish Sandwich
Seasoned Turnip Greens		Sweet Potato Fries	Scalloped Potatoes	Steamed Cabbage	French Fries
Baked Apples		Baked Beans	Broccoli	Lima Beans	Coleslaw
Fruit Choice		Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice
Milk		Milk	Milk	Milk	Milk
			The following are also available daily:		
	Breakfa	ast: Cereal with Graham Crackers, A	Assorted Grab and Go options, 100% Fruit Juice, Fru	uit Choice and Fat Free Chocolate, Skim & 1% M	ilk
			Lunch: Fat Free Chocolate, Skim and 1% Mill	k	
Specialty Pizza		Specialty Pizza Nacho Bar	OCS Salads Specialty Pizza	OCS Sandwich Bar Specialty Pizza	Spicy Chicken Sandwich

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## High School Breakfast & Lunch Menus May & June 2019

				May & June 201
Monday	Tuesday	Wednesday	Thursday	Friday
13		1!		1
Southern Breakfast Biscuit	Breakfast Pizza	OCS Breakfast Biscuit	Chicken Biscuit	Doughnut
		Yogurt Parfait		
Cheese Pizza	Popcorn Chicken w/Roll	Meatloaf w/ Roll	Pasta w/ Meatsauce & Garlic Bread	Fish w/ Corn Muffin
Meatballs w/ Gravy & Rice	Cheeseburger	Chicken & Waffles	Chicken Sandwich	Pizza
Turnip Greens	Pinto Beans	Mashed Potatoes	Garden Salad	Corn
Sweet Potatoes	Broccoli	Green Peas	Manager's Choice Veggie	Carrots & Celery Bag
Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice
Milk	Milk	Milk	Milk	Milk
20	21	22	2 23	2
Southern Breakfast Biscuit	Sausage Biscuit	OCS Breakfast Biscuit	Chicken Biscuit	Doughnut
Mac & Cheese w/ Roll	BBQ Sandwich	Chicken Nuggets w/ Roll	Turkey Rice Bowl	Pizza
Grilled Chicken Sandwich	Hot Dog w/ Toppings	Manager's Choice Entrée	Roasted Chicken w/ Roll	Fish Sandwich
	Sweet Potato Fries	_	_	French Fries
Seasoned Turnip Greens		Scalloped Potatoes	Steamed Cabbage	
Baked Apples	Baked Beans	Broccoli	Lima Beans	Coleslaw
Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice
Milk	Milk	Milk	Milk	Milk
27	28	29		5
Memorial Day Holiday	Breakfast Pizza	OCS Breakfast Biscuit	Chicken Biscuit	Doughnut
		Yogurt Parfait		
	Popcorn Chicken w/Roll	Meatloaf w/ Roll	Pasta w/ Meatsauce & Garlic Bread	Fish w/ Corn Muffin
	Cheeseburger	Chicken & Waffles	Chicken Sandwich	Pizza
	Pinto Beans	Mashed Potatoes	Garden Salad	Corn
	Broccoli	Green Peas	Manager's Choice Veggie	Carrots & Celery Bag
	Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice
	Milk	Milk	Birthday Treat Milk	Milk
June 3	4		5 6	
Southern Breakfast Biscuit	Sausage Biscuit	OCS Breakfast Biscuit	Chicken Biscuit	Doughnut
Mac & Cheese w/ Roll	BBQ Sandwich	Chicken Nuggets w/ Roll	Turkey Rice Bowl	Pizza
Grilled Chicken Sandwich	Hot Dog w/ Toppings	Manager's Choice Entrée	Roasted Chicken w/ Roll	Fish Sandwich
Grilled Chicken Sandwich	Hot Dog W/ Toppings	Manager's Choice Entree	· ·	rish Sandwich
Seasoned Turnip Greens	Sweet Potato Fries	Scalloped Potatoes	Steamed Cabbage	French Fries
Baked Apples	Baked Beans	Broccoli	Lima Beans	Coleslaw
Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice
Milk	Milk	Milk	Birthday Treat	Milk
			Milk	
10		12	2 13	1
Southern Breakfast Biscuit	Breakfast Pizza			
Cheese Pizza				
Meatballs w/ Gravy & Rice	Deli Sub			
Turnip Greens	Fresh Celery Sticks			
	Fresh Baby Carrots			
Sweet Potatoes			i l	
Sweet Potatoes Fruit Choice Milk	Fruit Cup Milk			
Fruit Choice Milk	Fruit Ćup Milk	The following are also available daily:		ru.
Fruit Choice Milk	Fruit Čup Milk eakfast: Cereal with Graham Crackers, Assorte	d Grab and Go options, 100% Fruit Juice, Fru	uit Choice and Fat Free Chocolate, Skim & 1% N	tilk
Fruit Choice Milk	Fruit Čup Milk eakfast: Cereal with Graham Crackers, Assorte			flik Spicy Chicken Sandwich

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