

Monday	Tuesday	Wednesday	Thursday	Friday
<p>January is National Soup Month!</p>	<p>February is Black History Month!</p>	<p>OCS Breakfast Biscuit Yogurt Parfait w/ Cinnamon Toast Crunch</p> <p>Chicken Pot w/ Roll Fish Sandwich Creamed Spinach Vegetable Choice Fruit Choice Milk</p>	<p>French Toast Mini</p> <p>Roasted Chicken w/ Roll Meatloaf w/ Roll Sweet Potatoes Green Beans Fruit Choice Milk</p>	<p>Pancake Sausage on a Stick</p> <p>Pepperoni or Cheese Pizza Manager's Choice Entrée Glazed Carrots California Blend Fruit Choice Milk</p>
<p>Southern Breakfast Biscuit</p> <p>Manager's Choice Entree Mac & Cheese w/ Roll</p> <p>Sweet Potatoes Collard Greens Fruit Choice Milk</p>	<p>Sausage Biscuit</p> <p>Pasta w/ Meatsauce & Garlic Bread Breakfast for Lunch: Eggs, Sausage, Grits & Biscuit</p> <p>Blackeye Peas Potato Roasters Fruit Choice Milk</p>	<p>Eggs w/ Grits & Cheese Toast</p> <p>Chicken & Waffle Turkey Rice Bowl w/ Roll</p> <p>Au Gratin Potatoes Turnip Greens Fruit Choice Milk</p>	<p>Chicken Biscuit</p> <p>Teriyaki Bites w/ Rice Corn Dog Nuggets</p> <p>Coleslaw Manager's Choice Vegetable Lima Beans Fruit Choice Milk</p>	<p>Pancake Sausage Sandwich</p> <p>Pepperoni or Cheese Pizza Fish w/ Corn Muffin</p> <p>Steamed Cabbage Carrots Fruit Choice Milk</p>
<p>Skillet Frittata</p> <p>Grilled Cheese Sandwich WowButter Sandwich OCS Ciabatta Sandwich</p> <p>Tomato Soup Broccoli Carrots Fruit Choice Milk</p>	<p>Sausage Biscuit</p> <p>Beef or Chicken Nachos Corn Dog Black Beans Sweet Potatoes Fruit Choice Milk</p>	<p>OCS Breakfast Biscuit Yogurt Parfait w/ Cinnamon Toast Crunch</p> <p>Chicken Pot Pie w/ Roll Fish Sandwich Creamed Spinach Coleslaw Fruit Choice Milk</p>	<p>French Toast Mini</p> <p>Roasted Chicken w/ Roll Meatloaf w/ Roll Steamed Cabbage Baked Beans Fruit Choice Milk</p>	<p>Pancake Sausage Bites</p> <p>Pepperoni or Cheese Pizza Manager's Choice Entrée Carrot Bag Garden Salad Fruit Choice Milk</p>
<p>Martin Luther King Jr. Holiday No School</p>	<p>Teacher Workday No School</p>	<p>Teacher Workday No School</p>	<p>Chicken Biscuit</p> <p>Teriyaki Bites w/ Rice Pulled Pork Sandwich</p> <p>Coleslaw Manager's Choice Vegetable Lima Beans Fruit Choice Milk</p>	<p>Pancake Sausage Sandwich</p> <p>Pepperoni or Cheese Pizza Fish w/ Corn Muffin</p> <p>Steamed Cabbage Carrots Fruit Choice Milk</p>
<p>Skillet Frittata</p> <p>Grilled Cheese Sandwich OCS Ciabatta Sandwich</p> <p>Tomato Soup Broccoli Carrots Fruit Choice Milk</p>	<p>Sausage Biscuit</p> <p>Beef or Chicken Nachos Corn Dog Black Beans Sweet Potatoes Fruit Choice Milk</p>	<p>Yogurt Parfait w/ Graham Crackers</p> <p>Chicken Pot Pie w/ Roll Fish Sandwich Creamed Spinach Coleslaw Fruit Choice Milk</p>	<p>French Toast Mini</p> <p>Roasted Chicken w/ Roll Meatloaf w/ Roll Steamed Cabbage Baked Beans Fruit Choice Milk</p>	<p>SUPERBOWL! February 1</p> <p>Pancake Sausage on a Stick</p> <p>Wear your favorite team's color! Nachos w/ Cheese Hot Dog French Fries Carrots & Celery Sticks w/ Dip Fruit Choice Milk</p>
<p>Southern Breakfast Biscuit</p> <p>Baked Potatoes w/ Toppings & Roll Manager's Choice</p> <p>Sweet Potatoes Collard Greens Fruit Choice Milk</p>	<p>Sausage Biscuit</p> <p>Pasta w/ Meatsauce & Garlic Bread</p> <p>Blackeye Peas Potato Roasters Fruit Choice Milk</p>	<p>Eggs w/ Grits & Cheese Toast</p> <p>Chicken & Waffle Turkey Rice Bowl w/ Roll</p> <p>Au Gratin Potatoes Turnip Greens Fruit Choice Milk</p>	<p>Chicken Biscuit</p> <p>Teriyaki Bites w/ Rice Corn Dog Nuggets</p> <p>Coleslaw Manager's Choice Vegetable Lima Beans Fruit Choice Milk</p>	<p>Pancake Sausage Sandwich</p> <p>Pizza Fish w/ Corn Muffin</p> <p>Steamed Cabbage Carrots Fruit Choice Milk</p>
The following are also available daily:				
Breakfast: Cereal with Graham Crackers, Assorted Grab and Go options, 100% Fruit Juice, Fruit Choice and Fat Free Chocolate, Skim & 1% Milk				
Lunch: Fat Free Chocolate, Skim and 1% Milk				
Yogurt Bistro Box		OCS Salads		

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Monday	Tuesday	Wednesday	Thursday	Friday
11 Eggs and Biscuit Grilled Ham and Cheese Sandwich Tomato Vegetable Soup Broccoli Fruit Choice Milk	12 OCS Breakfast Biscuit Manager's Choice Corn Dog Black Beans Sweet Potatoes Fruit Choice Milk	13 Yogurt Parfait w/ Granola Chicken Pot Pie w/ Roll Fish Sandwich Creamed Spinach Coleslaw Fruit Choice Milk	Happy Valentine's Day! 14 French Toast Mini Chicken w/ Roll Tossed Salad Corn Fruit Choice Heart Shaped Treat Milk	15 Pancake Sausage Bites Pepperoni or Cheese Pizza Manager's Choice Entrée Carrot Bag Garden Salad Fruit Choice Milk
18 Southern Breakfast Biscuit Baked Potatoes w/ Toppings & Roll Manager's Choice Sweet Potatoes Collard Greens Fruit Choice Milk	19 Sausage Biscuit Pasta w/ Meatsauce & Garlic Bread Blackeye Peas Potatoes Fruit Choice Milk	20 Eggs w/ Grits & Cheese Toast Chicken & Waffle Potatoes Turnip Greens Fruit Choice Milk	21 Chicken Biscuit Manager's Choice Pulled Pork Sandwich Coleslaw Manager's Choice Vegetable Lima Beans Fruit Choice Milk	22 Pancake Sausage Sandwich Pepperoni or Cheese Pizza Fish w/ Corn Muffin Steamed Cabbage Carrots Fruit Choice Milk
25 Teacher Workday- No School March is National Nutrition Month!	26 OCS Breakfast Biscuit Nachos Chicken Nachos Black Beans Sweet Potatoes Fruit Choice Milk	27 Yogurt Parfait w/ Granola Chicken Pot Pie w/ Roll Manager's Choice Creamed Spinach Coleslaw Fruit Choice Milk	28 French Toast Mini Chicken w/ Roll Manager's Choice Steamed Cabbage Baked Beans Fruit Choice Milk	March 1 Pancake Sausage on a Stick Pepperoni or Cheese Pizza Manager's Choice Entrée Carrot Bag Garden Salad Fruit Choice Milk
March 4-8 is National School Breakfast Week!				
4 Southern Breakfast Biscuit Cheese Pizza Meatballs w/ Gravy & Rice Turnip Greens Sweet Potatoes Fruit Choice Milk	5 Sausage Biscuit Chicken Rice Bowl Lima Beans Broccoli Fruit Choice Milk	6 Early Dismissal Eggs w/ Grits & Cheese Toast Deli Sub Fresh Celery Sticks Fresh Baby Carrots Fruit Cup Milk	7 Chicken Biscuit Pasta w/ Meatsauce & Garlic Bread Chicken Sandwich Garden Salad Manager's Choice Vegetable Fruit Choice Milk	8 Pancake Sausage Sandwich Pizza Manager's Choice Carrots & Celery Bag Corn Fruit Choice Milk
11 Scrambled Eggs / Cheese Toast Manager's Choice Cheeseburger Vegetable Tomato Soup Baked Apples Fruit Choice Milk	12 Sausage Biscuit BBQ Sandwich Manager's Choice Entrée Sweet Potato Fries Baked Beans Fruit Choice Milk	13 March Madness Yogurt Parfait w/ Granola Hot Dog w/ Toppings Chicken Nuggets w/ Roll French Fries Baked Beans Oranges Milk	14 French Toast Mini Baked Potatoes w/ Toppings & Roll Chicken w/ Roll Steamed Cabbage Pinto Beans Fruit Choice Milk	15 Pancake Sausage Bites Pizza Manager's Choice French Fries Coleslaw Fruit Choice Milk
18 Southern Breakfast Biscuit Cheese Pizza Meatballs w/ Gravy & Rice Turnip Greens Sweet Potatoes Fruit Choice Milk	19 OCS Breakfast Biscuit Cheeseburger Lima Beans Broccoli Fruit Choice Milk	20 Eggs w/ Grits & Cheese Toast Chicken & Waffle Mashed Potatoes Green Peas Fruit Choice Milk	21 Chicken Biscuit Pasta w/ Meatsauce & Garlic Bread Chicken Sandwich Garden Salad Manager's Choice Vegetable Fruit Choice Milk	22 Pancake Sausage Sandwich Pizza Fish w/ Corn Muffin Carrots & Celery Bag Corn Fruit Choice Milk
25 Scrambled Eggs w/ Cheese Toast Macaroni & Cheese w/ Roll Manager's Choice Seasoned Turnip Greens Baked Apples Fruit Choice Milk	26 OCS Breakfast Biscuit Popcorn Chicken w/ Roll Hot Dog w/ Toppings Sweet Potato Fries Baked Beans Fruit Choice Milk	27 Yogurt Parfait w/ Granola Chicken Nuggets w/ Roll Manager's Choice Entrée Potatoes Broccoli Fruit Choice Milk	28 French Toast Mini Chicken w/ Roll Steamed Cabbage Pinto Beans Fruit Choice Milk	29 Pancake Sausage on a Stick Pizza Manager's Choice French Fries Coleslaw Fruit Choice Milk
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