

| Monday  | Tuesday  | Wednesday  | Thursday   | Friday   |
|---|--|--|--|--|
| <p><b>January is National Soup Month!</b></p>   | <p><b>February is Black History Month!</b></p>   | <p>OCS Breakfast Biscuit<br/>Yogurt Parfait w/ Cinnamon Toast Crunch</p> <p>Chicken Pot w/ Roll<br/>Creamed Spinach<br/>Vegetable Choice<br/>Fruit Choice<br/>Milk</p>               | <p>French Toast Mini</p> <p>Roasted Chicken w/ Roll<br/>Hamburger or Cheeseburger<br/>Pinto Beans<br/>Sweet Potatoes<br/>Green Beans<br/>Fruit Choice<br/>Milk</p>   | <p>Pancake Sausage on a Stick</p> <p>Pizza<br/>Glazed Carrots<br/>California Blend<br/>Fruit Choice<br/>Milk</p>   |
| <p>Southern Breakfast Biscuit</p> <p>Manager's Choice Entree<br/>Cheese Sticks w/ Sauce<br/>Sweet Potatoes<br/>Collard Greens<br/>Seasoned Carrots<br/>Fruit Choice<br/>Milk</p>        | <p>Sausage Biscuit</p> <p>Pasta w/ Meatsauce &amp; Garlic Bread<br/>Breakfast for Lunch: Eggs, Sausage, Grits &amp; Biscuit</p> <p>Blackeye Peas<br/>Potato Roasters<br/>Fruit Choice<br/>Milk</p> | <p>Eggs w/ Grits &amp; Cheese Toast</p> <p>Chicken &amp; Waffle<br/>Turkey Rice Bowl w/ Roll<br/>Potatoes<br/>Turnip Greens<br/>Mixed Vegetables<br/>Fruit Choice<br/>Milk</p>       | <p>Chicken Biscuit</p> <p>Teriyaki Bites w/ Rice<br/>Corn Dog Nuggets<br/>Coleslaw<br/>Manager's Choice Vegetable<br/>Garden Salad<br/>Fruit Choice<br/>Milk</p>     | <p>Pancake Sausage Sandwich</p> <p>Pizza<br/>Fish w/ Corn Muffin<br/>Sweet Potato<br/>Corn<br/>Steamed Cabbage<br/>Fruit Choice<br/>Milk</p>   |
| <p>Skillet Frittata</p> <p>Grilled Cheese Sandwich<br/>WowButter Sandwich<br/>OCS Ciabatta Sandwich<br/>Tomato Soup<br/>Broccoli<br/>Carrots<br/>Fruit Choice<br/>Milk</p>              | <p>Sausage Biscuit</p> <p>Beef or Chicken Nachos<br/>Corn Dog Nuggets<br/>Black Beans<br/>Sweet Potatoes<br/>Fruit Choice<br/>Milk</p>   | <p>OCS Breakfast Biscuit<br/>Yogurt Parfait w/ Cinnamon Toast Crunch</p> <p>Chicken Pot Pie w/ Roll<br/>Fish Sandwich<br/>Creamed Spinach<br/>Coleslaw<br/>Fruit Choice<br/>Milk</p> | <p>French Toast Mini</p> <p>Roasted Chicken w/ Roll<br/>Meatloaf Sandwich<br/>Steamed Cabbage<br/>Baked Beans<br/>Fruit Choice<br/>Milk</p>                          | <p>Pancake Sausage Bites</p> <p>Pizza<br/>Manager's Choice Entrée<br/>Carrot Bag<br/>Garden Salad<br/>Fruit Choice<br/>Milk</p>  |
| <p>Martin Luther King Jr. Holiday<br/>No School</p>   | <p>Teacher Workday<br/>No School</p>   | <p>Teacher Workday<br/>No School</p>   | <p>Chicken Biscuit</p> <p>Teriyaki Bites w/ Rice<br/>Pulled Pork Sandwich<br/>Coleslaw<br/>Manager's Choice Vegetable<br/>Garden Salad<br/>Fruit Choice<br/>Milk</p> | <p>Pancake Sausage Sandwich</p> <p>Pizza<br/>Fish w/ Corn Muffin<br/>Steamed Cabbage<br/>Carrots<br/>Fruit Choice<br/>Milk</p>   |
| <p>Skillet Frittata</p> <p>Grilled Cheese Sandwich or<br/>WowButter Sandwich<br/>OCS Ciabatta Sandwich<br/>Tomato Soup<br/>Broccoli<br/>Carrots<br/>Fruit Choice<br/>Milk</p>           | <p>Sausage Biscuit</p> <p>Beef or Chicken Nachos<br/>Corn Dog Nuggets<br/>Black Beans<br/>Sweet Potatoes<br/>Fruit Choice<br/>Milk</p>   | <p>OCS Breakfast Biscuit<br/>Yogurt Parfait w/ Graham Cracker</p> <p>Chicken Pot Pie w/ Roll<br/>Fish Sandwich<br/>Creamed Spinach<br/>Coleslaw<br/>Fruit Choice<br/>Milk</p>        | <p>French Toast Mini</p> <p>Roasted Chicken w/ Roll Meatloaf w/ Roll<br/>Steamed Cabbage<br/>Baked Beans<br/>Fruit Choice<br/>Milk</p>                               | <p><b>SUPERBOWL!</b> February 1<br/>Pancake Sausage on a Stick</p> <p>Wear your favorite team's color!</p> <p>Nachos w/ Cheese<br/>Hot Dog<br/>French Fries<br/>Carrots &amp; Celery Sticks w/ Dip<br/>Fruit Choice<br/>Milk</p> |
| <p>Southern Breakfast Biscuit</p> <p>Baked Potatoes w/Toppings &amp; Roll<br/>Manager's Choice<br/>Sweet Potatoes<br/>Collard Greens<br/>Seasoned Carrots<br/>Fruit Choice<br/>Milk</p> | <p>Sausage Biscuit</p> <p>Pasta w/ Meatsauce &amp; Garlic Bread</p> <p>Blackeye Peas<br/>Potato Roasters<br/>Fruit Choice<br/>Milk</p>   | <p>Eggs w/ Grits &amp; Cheese Toast</p> <p>Chicken &amp; Waffle<br/>Turkey Rice Bowl w/ Roll<br/>Potatoes<br/>Turnip Greens<br/>Mixed Vegetables<br/>Fruit Choice<br/>Milk</p>       | <p>Chicken Biscuit</p> <p>Teriyaki Bites w/ Rice<br/>Corn Dog Nuggets<br/>Coleslaw<br/>Manager's Choice Vegetable<br/>Garden Salad<br/>Fruit Choice<br/>Milk</p>     | <p>Manager's Choice</p> <p>Pizza<br/>Fish w/ Corn Muffin<br/>Steamed Cabbage<br/>Carrots<br/>Fruit Choice<br/>Milk</p>   |
| The following are also available daily:   |  |  |  |  |
| Breakfast: Cereal with Graham Crackers, Assorted Grab and Go options, 100% Fruit Juice, Fruit Choice and Fat Free Chocolate, Skim & 1% Milk   |  |  |  |  |
| Lunch: Fat Free Chocolate, Skim and 1% Milk   |  |  |  |  |
| <p>Grab &amp; Go Box<br/>Rice Bowl Bar</p>  | <p>Wild Mike's Pizza</p>   | <p>OCS Salads<br/>Domino's Pizza</p>   | <p>Big Daddy's Pizza<br/>OCS Egg Power Box</p>   | <p>Spicy Chicken Sandwich</p>  |

Menus are subject to change. This institution is an equal opportunity provider.

| Monday  | Tuesday   | Wednesday   | Thursday   | Friday   |
|---|---|---|--|--|
| <b>11</b><br><b>Eggs w/ Biscuit</b><br><br><b>Grilled Ham and Cheese Sandwich</b><br><br>Tomato Soup<br>Broccoli<br>Carrots<br>Fruit Choice<br>Milk   | <b>12</b><br><b>OCS Breakfast Biscuit</b><br><br><b>Manager's Choice</b><br><b>Corn Dog Nuggets</b><br>Black Beans<br>Sweet Potatoes<br>Fruit Choice<br>Milk        | <b>13</b><br><b>Yogurt Parfait w/ Granola</b><br><br><b>Chicken Pot Pie w/ Roll</b><br><b>Fish Sandwich</b><br>Creamed Spinach<br>Coleslaw<br>Fruit Choice<br>Milk                          | <b>Happy Valentine's Day! 14</b><br><b>French Toast Mini</b><br><br><b>Chicken w/ Roll</b><br><br>Tossed Salad<br>Corn<br>Fruit Choice<br>Heart Shaped Treat<br>Milk                     | <b>15</b><br><b>Pancake Sausage Bites</b><br><br><b>Pizza</b><br><b>Manager's Choice Entrée</b><br>Carrot Bag<br>Garden Salad<br>Fruit Choice<br>Milk                          |
| <b>18</b><br><b>Southern Breakfast Biscuit</b><br><br><b>Baked Potatoes w/ Toppings &amp; Roll</b><br><b>Manager's Choice</b><br><br>Sweet Potatoes<br>Collard Greens<br>Seasoned Carrots<br>Fruit Choice<br>Milk | <b>19</b><br><b>Sausage Biscuit</b><br><br><b>Pasta w/ Meatsauce &amp; Garlic Bread</b><br><br>Blackeye Peas<br>Potato Roasters<br>Fruit Choice<br>Milk             | <b>20</b><br><b>Eggs w/ Grits &amp; Cheese Toast</b><br><br><b>Chicken &amp; Waffle</b><br><br>Potatoes<br>Turnip Greens<br>Mixed Vegetables<br>Fruit Choice<br>Milk                        | <b>21</b><br><b>Chicken Biscuit</b><br><br><b>Manager's Choice</b><br><b>Pulled Pork Sandwich</b><br><br>Coleslaw<br>Manager's Choice Vegetable<br>Garden Salad<br>Fruit Choice<br>Milk  | <b>22</b><br><b>Pancake Sausage on a Stick</b><br><br><b>Pizza</b><br><b>Fish w/ Corn Muffin</b><br>Steamed Cabbage<br>Sweet Potato<br>Corn<br>Carrots<br>Fruit Choice<br>Milk |
| <b>25</b><br><b>Teacher Workday- No School</b><br><br><b>March is National Nutrition Month!</b>   | <b>26</b><br><b>OCS Breakfast Biscuit</b><br><br><b>Nachos</b><br><b>Chicken Nachos</b><br><br>Black Beans<br>Sweet Potatoes<br>Fruit Choice<br>Milk                | <b>27</b><br><b>Yogurt Parfait w/ Granola</b><br><br><b>Chicken Pot Pie w/ Roll</b><br><b>Manager's Choice</b><br>Creamed Spinach<br>Coleslaw<br>Fruit Choice<br>Milk                       | <b>28</b><br><b>French Toast Mini</b><br><br><b>Chicken w/ Roll</b> <b>Manager's Choice</b><br>Steamed Cabbage<br>Baked Beans<br>Fruit Choice<br>Milk                                    | <b>March 1</b><br><b>Chicken and Roll</b><br><br><b>Pizza</b><br><b>Manager's Choice Entrée</b><br>Carrot Bag<br>Garden Salad<br>Fruit Choice<br>Milk                          |
| <b>March 4-8 is National School Breakfast Week!</b>   |   |   |  |  |
| <b>4</b><br><b>Southern Breakfast Biscuit</b><br><br><b>Cheese Pizza</b><br><b>Meatballs w/ Gravy &amp; Rice</b><br>Turnip Greens<br>Sweet Potatoes<br>Fruit Choice<br>Milk                                       | <b>5</b><br><b>Sausage Biscuit</b><br><br><b>Chicken Rice Bowl</b><br><b>Cheeseburger</b><br>Lima Beans<br>Broccoli<br>Fruit Choice<br>Milk                         | <b>6</b><br><b>Early Dismissal</b><br><b>Eggs w/ Grits &amp; Cheese Toast</b><br><br><b>Deli Sub</b><br>Fresh Celery Sticks<br>Fresh Baby Carrots<br>Fruit Cup<br>Milk                      | <b>7</b><br><b>Chicken Biscuit</b><br><br><b>Pasta w/ Meatsauce &amp; Garlic Bread</b><br><b>Chicken Sandwich</b><br>Garden Salad<br>Manager's Choice Vegetable<br>Fruit Choice<br>Milk  | <b>8</b><br><b>Pancake Sausage on a Stick</b><br><br><b>Pizza</b><br><b>Manager's Choice</b><br>Carrots & Celery Bag<br>Corn<br>Fruit Choice<br>Milk                           |
| <b>11</b><br><b>Eggs w/ Biscuit</b><br><br><b>Manager's Choice</b> <b>Cheeseburger</b><br><br>Seasoned Turnip Greens<br>Baked Apples<br>Fruit Choice<br>Milk  | <b>12</b><br><b>OCS Breakfast Biscuit</b><br><br><b>BBQ Sandwich</b><br><b>Manager's Choice Entrée</b><br>Sweet Potato Fries<br>Baked Beans<br>Fruit Choice<br>Milk | <b>13</b><br><b>March Madness</b><br><b>Yogurt Parfait w/ Granola</b><br><br><b>Hot Dog w/ Toppings</b><br><b>Chicken Nuggets w/ Roll</b><br>French Fries<br>Baked Beans<br>Oranges<br>Milk | <b>14</b><br><b>French Toast Mini</b><br><br><b>Baked Potatoes w/ Toppings &amp; Roll</b><br><b>Chicken w/ Roll</b><br>Steamed Cabbage<br>Pinto Beans<br>Fruit Choice<br>Milk            | <b>15</b><br><b>Chicken Biscuit</b><br><br><b>Pizza</b><br><b>Manager's Choice</b><br>French Fries<br>Coleslaw<br>Fruit Choice<br>Milk   |
| <b>18</b><br><b>Southern Breakfast Biscuit</b><br><br><b>Cheese Pizza</b><br><b>Meatballs w/ Gravy &amp; Rice</b><br>Turnip Greens<br>Sweet Potatoes<br>Fruit Choice<br>Milk                                      | <b>19</b><br><b>Sausage Biscuit</b><br><br><b>Popcorn Chicken w/ Roll</b><br><b>Cheeseburger</b><br>Lima Beans<br>Broccoli<br>Fruit Choice<br>Milk                  | <b>20</b><br><b>Eggs w/ Grits &amp; Cheese Toast</b><br><br><b>Chicken &amp; Waffles</b><br>Potatoes<br>Green Peas<br>Fruit Choice<br>Milk  | <b>21</b><br><b>Chicken Biscuit</b><br><br><b>Pasta w/ Meatsauce &amp; Garlic Bread</b><br><b>Chicken Sandwich</b><br>Garden Salad<br>Manager's Choice Vegetable<br>Fruit Choice<br>Milk | <b>22</b><br><b>Pancake Sausage on a Stick</b><br><br><b>Pizza</b><br><b>Fish w/ Corn Muffin</b><br>Carrots & Celery Bag<br>Corn<br>Fruit Choice<br>Milk                       |
| <b>25</b><br><b>Eggs w/ Biscuit</b><br><br><b>Macaroni &amp; Cheese w/ Roll</b><br><b>Manager's Choice</b><br><br>Seasoned Turnip Greens<br>Baked Apples<br>Fruit Choice<br>Milk                                  | <b>26</b><br><b>OCS Breakfast Biscuit</b><br><br><b>Hot Dog w/ Toppings</b><br>Sweet Potato Fries<br>Baked Beans<br>Fruit Choice<br>Milk                            | <b>27</b><br><b>Yogurt Parfait w/ Granola</b><br><br><b>Chicken Nuggets w/ Roll</b><br><b>Manager's Choice Entrée</b><br>Potatoes<br>Broccoli<br>Fruit Choice<br>Milk                       | <b>28</b><br><b>French Toast Mini</b><br><br><b>Chicken w/ Roll</b><br>Steamed Cabbage<br>Pinto Beans<br>Fruit Choice<br>Milk  | <b>29</b><br><b>Chicken Biscuit</b><br><br><b>Pizza</b><br><b>Fish Sandwich</b><br>French Fries<br>Coleslaw<br>Fruit Choice<br>Milk  |
| <b>The following are also available daily:</b>  |   |   |  |  |
| <b>Breakfast:</b> Cereal with Graham Crackers, Assorted Grab and Go options, 100% Fruit Juice, Fruit Choice and Fat Free Chocolate, Skim & 1% Milk  |   |   |  |  |
| <b>Lunch:</b> Fat Free Chocolate, Skim and 1% Milk  |   |   |  |  |
| Grab & Go Box<br>Pizza  | Specialty Pizza   | OCS Salads<br>Specialty Pizza   | Specialty Pizza  | Spicy Chicken Sandwich   |