

Monday	Tuesday	Wednesday	Thursday	Friday
January is National Soup Month!	February is Black History Month!	Winter Intersession	Winter Intersession	Winter Intersession
Southern Breakfast Biscuit Cheesy Baked Potatoes w/ Italian Sauce or Chili & Roll Mac & Cheese w/ Roll Salsa Collard Greens Fruit Choice Milk	Sausage Biscuit Pasta w/ Meatsauce & Garlic Bread Breakfast for Lunch: Eggs, Sausage, Grits & Biscuit Blackeye Peas Potato Roasters Fruit Choice Milk	Eggs w/ Grits & Cheese Toast Chicken & Waffle Turkey Rice Bowl w/ Roll Au Gratin Potatoes Turnip Greens Fruit Choice Milk	Chicken Biscuit Teriyaki Bites w/ Rice Corn Dog Nuggets Coleslaw Manager's Choice Vegetable Lima Beans Fruit Choice Milk	Pancake Sausage Sandwich Pepperoni or Cheese Pizza Fish w/ Corn Muffin Steamed Cabbage Carrots Fruit Choice Milk
Skillet Frittata Grilled Cheese Sandwich WowButter Sandwich OCS Ciabatta Sandwich Tomato Soup Broccoli Carrots Fruit Choice Milk	Sausage Biscuit Beef or Chicken Nachos Corn Dog Black Beans Sweet Potatoes Fruit Choice Milk	OCS Breakfast Biscuit Yogurt Parfait w/ Cinnamon Toast Crunch Chicken Pot Pie w/ Roll Fish Sandwich Creamed Spinach Coleslaw Fruit Choice Milk	French Toast Mini Roasted Chicken w/ Roll Meatloaf w/ Roll Steamed Cabbage Baked Beans Fruit Choice Milk	Pancake Sausage Bites Pepperoni or Cheese Pizza Manager's Choice Entrée Carrot Bag Garden Salad Fruit Choice Milk
Martin Luther King Jr. Holiday No School	Sausage Biscuit Pasta w/ Meatsauce & Garlic Bread Breakfast for Lunch: Eggs, Sausage, Grits & Biscuit Blackeye Peas Potato Roasters Fruit Choice Milk	Eggs w/ Grits & Cheese Toast Chicken & Waffle Turkey Rice Bowl w/ Roll Au Gratin Potatoes Turnip Greens Fruit Choice Milk	Chicken Biscuit Teriyaki Bites w/ Rice Pulled Pork Sandwich Coleslaw Manager's Choice Vegetable Lima Beans Fruit Choice Milk	Pancake Sausage Sandwich Pepperoni or Cheese Pizza Fish w/ Corn Muffin Steamed Cabbage Carrots Fruit Choice Milk
Skillet Frittata Grilled Cheese Sandwich OCS Ciabatta Sandwich Tomato Soup Broccoli Carrots Fruit Choice Milk	Sausage Biscuit Beef or Chicken Nachos Corn Dog Black Beans Sweet Potatoes Fruit Choice Milk	OCS Breakfast Biscuit Yogurt Parfait w/ Cinnamon Toast Crunch Chicken Pot Pie w/ Roll Fish Sandwich Creamed Spinach Coleslaw Fruit Choice Milk	French Toast Mini Roasted Chicken w/ Roll Meatloaf w/ Roll Steamed Cabbage Baked Beans Fruit Choice Milk	SUPERBOWL! February 1 Pancake Sausage on a Stick Wear your favorite team's color! Nachos w/ Cheese Hot Dog French Fries Carrots & Celery Sticks w/ Dip Fruit Choice Milk
Southern Breakfast Biscuit Baked Potatoes w/ Toppings & Roll Manager's Choice Sweet Potatoes Collard Greens Fruit Choice Milk	Sausage Biscuit Pasta w/ Meatsauce & Garlic Bread Blackeye Peas Potato Roasters Fruit Choice Milk	Eggs w/ Grits & Cheese Toast Chicken & Waffle Turkey Rice Bowl w/ Roll Au Gratin Potatoes Turnip Greens Fruit Choice Milk	Chicken Biscuit Teriyaki Bites w/ Rice Corn Dog Nuggets Coleslaw Manager's Choice Vegetable Lima Beans Fruit Choice Milk	Pancake Sausage Sandwich Pizza Fish w/ Corn Muffin Steamed Cabbage Carrots Fruit Choice Milk
The following are also available daily:				
Breakfast: Cereal with Graham Crackers, Assorted Grab and Go options, 100% Fruit Juice, Fruit Choice and Fat Free Chocolate, Skim & 1% Milk				
Lunch: Fat Free Chocolate, Skim and 1% Milk				
Yogurt Bistro Box		OCS Salads		



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<p>11</p> <p>Eggs and Biscuit</p> <p>Grilled Ham and Cheese Sandwich</p> <p>Tomato Vegetable Soup Broccoli Fruit Choice Milk</p>	<p>12</p> <p>Ocs Breakfast Biscuit</p> <p>Manager's Choice Corn Dog Black Beans Sweet Potatoes Fruit Choice Milk</p>	<p>13</p> <p>Yogurt Parfait w/ Granola</p> <p>Chicken Pot Pie w/ Roll Fish Sandwich Creamed Spinach Coleslaw Fruit Choice Milk</p>	<p>14</p> <p>Happy Valentine's Day! French Toast Mini</p> <p>Chicken w/ Roll Tossed Salad Corn Fruit Choice Heart Shaped Treat Milk</p>	<p>15</p> <p>Pancake Sausage Bites</p> <p>Pepperoni or Cheese Pizza Manager's Choice Entrée Carrot Bag Garden Salad Fruit Choice Milk</p>
<p>18</p> <p>Southern Breakfast Biscuit</p> <p>Baked Potatoes w/Topping and Roll Manager's Choice</p> <p>Sweet Potatoes Collard Greens Fruit Choice Milk</p>	<p>19</p> <p>Sausage Biscuit</p> <p>Pasta w/ Meatsauce & Garlic Bread</p> <p>Blackeye Peas Potatoes Fruit Choice Milk</p>	<p>20</p> <p>Eggs w/ Grits & Cheese Toast</p> <p>Chicken & Waffle</p> <p>Potatoes Turnip Greens Fruit Choice Milk</p>	<p>21</p> <p>Chicken Biscuit</p> <p>Teriyaki Bites w/ Rice Pulled Pork Sandwich</p> <p>Coleslaw Manager's Choice Vegetable Lima Beans Fruit Choice Milk</p>	<p>22</p> <p>Pancake Sausage Sandwich</p> <p>Pepperoni or Cheese Pizza Fish w/ Corn Muffin</p> <p>Steamed Cabbage Carrots Fruit Choice Milk</p>
<p>25</p> <p>Teacher Workday- No School</p> <p>March is National Nutrition Month!</p>	<p>26</p> <p>OCS Brekfast Biscuit</p> <p>Nachos Chicken Nachos Black Beans Sweet Potatoes Fruit Choice Milk</p>	<p>27</p> <p>Yogurt Parfait w/ Granola</p> <p>Chicken Pot Pie w/ Roll Manager's Choice Creamed Spinach Coleslaw Fruit Choice Milk</p>	<p>28</p> <p>French Toast Mini</p> <p>Chicken w/ Roll Manager's Choice Steamed Cabbage Baked Beans Fruit Choice Milk</p>	<p>March 1</p> <p>Pancake Sausage on a Stick</p> <p>Pepperoni or Cheese Pizza Manager's Choice Entrée Carrot Bag Garden Salad Fruit Choice Milk</p>
March 4-8 is National School Breakfast Week!				
<p>4</p> <p>Southern Breakfast Biscuit</p> <p>Cheese Pizza Meatballs w/ Gravy & Rice</p> <p>Turnip Greens Sweet Potatoes Fruit Choice Milk</p>	<p>5</p> <p>Sausage Biscuit</p> <p>Chicken Rice Bowl</p> <p>Lima Beans Broccoli Fruit Choice Milk</p>	<p>6</p> <p>Early Dismissal Eggs w/ Grits & Cheese Toast</p> <p>Deli Sub Fresh Celery Sticks Fresh Baby Carrots Fruit Cup Milk</p>	<p>7</p> <p>Chicken Biscuit</p> <p>Pasta w/ Meatsauce & Garlic Bread Chicken Sandwich</p> <p>Garden Salad Manager's Choice Vegetable Fruit Choice Milk</p>	<p>8</p> <p>Pancake Sausage Sandwich</p> <p>Pizza Manager's Choice Carrots & Celery Bag Corn Fruit Choice Milk</p>
<p>11</p> <p>Scrambled Eggs/Cheese Toast</p> <p>Manager's Choice Cheeseburger</p> <p>Vegetable Tomato Soup Baked Apples Fruit Choice Milk</p>	<p>12</p> <p>Sausage Biscuit</p> <p>BBQ Sandwich Manager's Choice Entrée</p> <p>Sweet Potato Fries Baked Beans Fruit Choice Milk</p>	<p>13</p> <p>March Madness</p> <p>Yogurt Parfait w/ Granola</p> <p>Hot Dog Chicken Nuggets w/ Roll</p> <p>French Fries Baked Beans Oranges Milk</p>	<p>14</p> <p>French Toast Mini</p> <p>Baked Potato w/Topping and Roll Chicken w/Roll</p> <p>Steamed Cabbage Pinto Beans Fruit Choice Milk</p>	<p>15</p> <p>Pancake Sausage Bites</p> <p>Pizza Manager's Choice French Fries Coleslaw Fruit Choice Milk</p>
<p>18</p> <p>Spring Intersession</p>	<p>19</p> <p>Spring Intersession</p>	<p>20</p> <p>Spring Intersession</p>	<p>21</p> <p>Spring Intersession</p>	<p>22</p> <p>Spring Intersession</p>
<p>25</p> <p>Spring Intersession</p>	<p>26</p> <p>Spring Intersession</p>	<p>27</p> <p>Spring Intersession</p>	<p>28</p> <p>Spring Intersession</p>	<p>29</p> <p>Spring Intersession</p>
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Lunch: Fat Free Chocolate, Skim and 1% Milk				
Yogurt Bistro Box		OCS Salads		

Menus are subject to change. This institution is an equal opportunity provider.