

Monday	Tuesday	Wednesday	Thursday	Friday
January is National Soup Month!	February is Black History Month!	Winter Intersession	Winter Intersession	Winter Intersession
Southern Breakfast Biscuit Cheesy Baked Potatoes w/ Italian Sauce or Chili & Roll Mac & Cheese w/ Roll Salsa Collard Greens Fruit Choice Milk	Sausage Biscuit Pasta w/ Meatsauce & Garlic Bread Breakfast for Lunch: Eggs, Sausage, Grits & Biscuit Blackeye Peas Potato Roasters Fruit Choice Milk	Eggs w/ Grits & Cheese Toast Chicken & Waffle Turkey Rice Bowl w/ Roll Au Gratin Potatoes Turnip Greens Fruit Choice Milk	Chicken Biscuit Teriyaki Bites w/ Rice Corn Dog Nuggets Coleslaw Manager's Choice Vegetable Lima Beans Fruit Choice Milk	Pancake Sausage Sandwich Pepperoni or Cheese Pizza Fish w/ Corn Muffin Steamed Cabbage Carrots Fruit Choice Milk
Skillet Frittata Grilled Cheese Sandwich WowButter Sandwich OCS Ciabatta Sandwich Tomato Soup Broccoli Carrots Fruit Choice Milk	Sausage Biscuit Beef or Chicken Nachos Corn Dog Black Beans Sweet Potatoes Fruit Choice Milk	OCS Breakfast Biscuit Yogurt Parfait w/ Cinnamon Toast Crunch Chicken Pot Pie w/ Roll Fish Sandwich Creamed Spinach Coleslaw Fruit Choice Milk	French Toast Mini Roasted Chicken w/ Roll Meatloaf w/ Roll Steamed Cabbage Baked Beans Fruit Choice Milk	Pancake Sausage Bites Pepperoni or Cheese Pizza Manager's Choice Entrée Carrot Bag Garden Salad Fruit Choice Milk
Martin Luther King Jr. Holiday No School	Sausage Biscuit Pasta w/ Meatsauce & Garlic Bread Breakfast for Lunch: Eggs, Sausage, Grits & Biscuit Blackeye Peas Potato Roasters Fruit Choice Milk	Eggs w/ Grits & Cheese Toast Chicken & Waffle Turkey Rice Bowl w/ Roll Au Gratin Potatoes Turnip Greens Fruit Choice Milk	Chicken Biscuit Teriyaki Bites w/ Rice Pulled Pork Sandwich Coleslaw Manager's Choice Vegetable Lima Beans Fruit Choice Milk	Pancake Sausage Sandwich Pepperoni or Cheese Pizza Fish w/ Corn Muffin Steamed Cabbage Carrots Fruit Choice Milk
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Southern Breakfast Biscuit Cheesy Baked Potatoes w/ Italian Sauce or Chili & Roll Mac & Cheese w/ Roll Salsa Collard Greens Fruit Choice Milk	Sausage Biscuit Pasta w/ Meatsauce & Garlic Bread Breakfast for Lunch: Eggs, Sausage, Grits & Biscuit Blackeye Peas Potato Roasters Fruit Choice Milk	Eggs w/ Grits & Cheese Toast Chicken & Waffle Turkey Rice Bowl w/ Roll Au Gratin Potatoes Turnip Greens Fruit Choice Milk	Chicken Biscuit Teriyaki Bites w/ Rice Corn Dog Nuggets Coleslaw Manager's Choice Vegetable Lima Beans Fruit Choice Milk	Pancake Sausage Sandwich Pizza Fish w/ Corn Muffin Steamed Cabbage Carrots Fruit Choice Milk
The following are also available daily:				
Breakfast: Cereal with Graham Crackers, Assorted Grab and Go options, 100% Fruit Juice, Fruit Choice and Fat Free Chocolate, Skim & 1% Milk				
Lunch: Fat Free Chocolate, Skim and 1% Milk				
Yogurt Bistro Box		OCS Salads	OCS Pizza Box	

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<p>11</p> <p>Skillet Frittata</p> <p>Grilled Cheese Sandwich or WowButter Sandwich OCS Ciabatta Sandwich Tomato Soup Broccoli Carrots Fruit Choice Milk</p>	<p>12</p> <p>Sausage Biscuit</p> <p>Beef or Chicken Nachos Corn Dog Black Beans Sweet Potatoes Fruit Choice Milk</p>	<p>13</p> <p>OCS Breakfast Biscuit Yogurt Parfait w/ Cinnamon Toast Crunch</p> <p>Chicken Pot Pie w/ Roll Fish Sandwich Creamed Spinach Coleslaw Fruit Choice Milk</p>	<p>14</p> <p>Happy Valentine's Day! French Toast Mini</p> <p>Roasted Chicken w/ Roll Spaghetti w/ Meatballs & Garlic Toast Tossed Salad Corn Fruit Choice Heart Shaped Treat Milk</p>	<p>15</p> <p>Pancake Sausage Bites</p> <p>Pepperoni or Cheese Pizza Manager's Choice Entrée Carrot Bag Garden Salad Fruit Choice Milk</p>
<p>18</p> <p>Southern Breakfast Biscuit</p> <p>Cheesy Baked Potatoes w/ Italian Sauce or Chili & Roll Mac & Cheese w/ Roll Salsa Collard Greens Fruit Choice Milk</p>	<p>19</p> <p>Sausage Biscuit</p> <p>Pasta w/ Meatsauce & Garlic Bread Breakfast for Lunch: Eggs, Sausage, Grits & Biscuit Blackeye Peas Potato Roasters Fruit Choice Milk</p>	<p>20</p> <p>Eggs w/ Grits & Cheese Toast</p> <p>Chicken & Waffle Turkey Rice Bowl w/ Roll Au Gratin Potatoes Turnip Greens Fruit Choice Milk</p>	<p>21</p> <p>Chicken Biscuit</p> <p>Teriyaki Bites w/ Rice Pulled Pork Sandwich Coleslaw Manager's Choice Vegetable Lima Beans Fruit Choice Milk</p>	<p>22</p> <p>Pancake Sausage Sandwich</p> <p>Pepperoni or Cheese Pizza Fish w/ Corn Muffin Steamed Cabbage Carrots Fruit Choice Milk</p>
<p>25</p> <p>Teacher Workday- No School</p> <p>March is National Nutrition Month!</p>	<p>26</p> <p>Sausage Biscuit</p> <p>Beef or Chicken Nachos Corn Dog Black Beans Sweet Potatoes Fruit Choice Milk</p>	<p>27</p> <p>OCS Breakfast Biscuit Yogurt Parfait w/ Cinnamon Toast Crunch</p> <p>Chicken Pot Pie w/ Roll Fish Sandwich Creamed Spinach Coleslaw Fruit Choice Milk</p>	<p>28</p> <p>French Toast Mini</p> <p>Roasted Chicken w/ Roll Meatloaf w/ Roll Steamed Cabbage Baked Beans Fruit Choice Milk</p>	<p>March 1</p> <p>Pancake Sausage on a Stick</p> <p>Pepperoni or Cheese Pizza Manager's Choice Entrée Carrot Bag Garden Salad Fruit Choice Milk</p>
March 4-8 is National School Breakfast Week!				
<p>4</p> <p>Southern Breakfast Biscuit</p> <p>Cheese Pizza Meatballs w/ Gravy & Rice Turnip Greens Sweet Potatoes Fruit Choice Milk</p>	<p>5</p> <p>Sausage Biscuit</p> <p>Chicken Rice Bowl Cheeseburger Lima Beans Broccoli Fruit Choice Milk</p>	<p>6</p> <p>Early Dismissal Eggs w/ Grits & Cheese Toast</p> <p>Deli Sub Fresh Celery Sticks Fresh Baby Carrots Fruit Cup Milk</p>	<p>7</p> <p>Chicken Biscuit</p> <p>Pasta w/ Meatsauce & Garlic Bread Chicken Sandwich Garden Salad Manager's Choice Vegetable Fruit Choice Milk</p>	<p>8</p> <p>Pancake Sausage Sandwich</p> <p>Pizza Fish w/ Corn Muffin Carrots & Celery Bag Corn Fruit Choice Milk</p>
<p>11</p> <p>Skillet Frittata</p> <p>Macaroni & Cheese w/ Roll Grilled Chicken Sandwich Seasoned Turnip Greens Baked Apples Fruit Choice Milk</p>	<p>12</p> <p>Sausage Biscuit</p> <p>BBQ Sandwich Manager's Choice Entrée Sweet Potato Fries Baked Beans Fruit Choice Milk</p>	<p>13</p> <p>March Madness OCS Breakfast Biscuit Yogurt Parfait w/ Cinnamon Toast Crunch</p> <p>Hot Dog Chicken Nuggets w/ Roll French Fries Baked Beans Oranges Milk</p>	<p>14</p> <p>French Toast Mini</p> <p>Turkey Rice Bowl Roasted Chicken w/ Roll Steamed Cabbage Pinto Beans Fruit Choice Milk</p>	<p>15</p> <p>Pancake Sausage Bites</p> <p>Pizza Fish Sandwich French Fries Coleslaw Fruit Choice Milk</p>
<p>18</p> <p>Spring Intersession</p>	<p>19</p> <p>Spring Intersession</p>	<p>20</p> <p>Spring Intersession</p>	<p>21</p> <p>Spring Intersession</p>	<p>22</p> <p>Spring Intersession</p>
<p>25</p> <p>Spring Intersession</p>	<p>26</p> <p>Spring Intersession</p>	<p>27</p> <p>Spring Intersession</p>	<p>28</p> <p>Spring Intersession</p>	<p>29</p> <p>Spring Intersession</p>
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