



Monday	Tuesday	Wednesday	Thursday	Friday
<p>October 1</p> <p>Southern Breakfast Biscuit</p> <p>Chicken Nuggets w/ Roll Cheesy Baked Potatoes w/ Roll Broccoli Carrots Fruit Choice Milk</p>	<p>2</p> <p>Sausage Biscuit</p> <p>OCS Deli Sub Popcorn Chicken w/ Roll Pinto Beans Sweet Potatoes Fruit Choice Milk</p>	<p>3</p> <p>Cinnamon Crumb Bread</p> <p>Country Style Steak w/ Roll Chicken & Waffles Mashed Potatoes Turnip Greens Fruit Choice Milk</p>	<p>4</p> <p>Doughnut Hole w/ Cheese Stick</p> <p>Turkey & Gravy Rice Bowl Pulled Pork w/ Corn Muffin Green Beans Coleslaw Fruit Choice Milk</p>	<p>5</p> <p>Doughnut</p> <p>Pizza Fish & Shrimp Basket w/ Hushpuppies Manager's Veggie Choice Steamed Cabbage Fruit Choice Milk</p>
<p>8</p> <p>Southern Breakfast Biscuit</p> <p>Cheese Sticks w/ Sauce Loaded Baked Potato w/ Roll Broccoli Carrots Fruit Choice Milk</p>	<p>9</p> <p>Sausage Biscuit</p> <p>Nachos Pulled Pork Sandwich Refried Beans Sweet Potatoes Fruit Choice Milk</p>	<p>10</p> <p>OCS Breakfast Biscuit Yogurt Parfait</p> <p>Chicken Pasta Bake w/ Breadstick Cheeseburger Garden Salad Turnip Greens Potatoes Fruit Choice Milk</p>	<p>11</p> <p>Breakfast Bagel</p> <p>Pasta & Meatsauce w/ Garlic Bread Hot Dog w/ Toppings Coleslaw French Fries Fruit Choice Milk</p>	<p>12</p> <p>Doughnut</p> <p>Pizza Manager's Entrée Choice Corn Green Peas Steamed Cabbage Fruit Choice Milk</p>
<p>15</p> <p>Southern Breakfast Biscuit</p> <p>Chicken Nuggets w/ Roll Cheesy Baked Potatoes w/ Roll Broccoli Carrots Fruit Choice Milk</p>	<p>16</p> <p>Sausage Biscuit</p> <p>OCS Deli Sub Popcorn Chicken w/ Roll Pinto Beans Sweet Potatoes Fruit Choice Milk</p>	<p>17</p> <p>Cinnamon Crumb Bread</p> <p>Country Style Steak w/ Roll Chicken & Waffles Mashed Potatoes Turnip Greens Fruit Choice Milk</p>	<p>18</p> <p>Doughnut Hole w/ Cheese Stick</p> <p>Turkey & Gravy Rice Bowl Pulled Pork w/ Corn Muffin Green Beans Coleslaw Fruit Choice Milk</p>	<p>19</p> <p>Doughnut</p> <p>Pizza Fish & Shrimp Basket w/ Hushpuppies Manager's Veggie Choice Steamed Cabbage Fruit Choice Milk</p>
<p>22</p> <p>Southern Breakfast Biscuit</p> <p>Cheese Sticks w/ Sauce Loaded Baked Potato w/ Roll Broccoli Carrots Fruit Choice Milk</p>	<p>23</p> <p>Sausage Biscuit</p> <p>Nachos Pulled Pork Sandwich Refried Beans Sweet Potatoes Fruit Choice Milk</p>	<p>24</p> <p>OCS Breakfast Biscuit Yogurt Parfait</p> <p>Chicken Pasta Bake w/ Breadstick Cheeseburger Garden Salad Turnip Greens Potatoes Fruit Choice Milk</p>	<p>25</p> <p>Breakfast Bagel</p> <p>Pasta & Meatsauce w/ Garlic Bread Hot Dog w/ Toppings Coleslaw French Fries Fruit Choice Milk</p>	<p>26</p> <p>Doughnut</p> <p>Pizza Manager's Entrée Choice Corn Green Peas Steamed Cabbage Fruit Choice Milk</p>
<p>29</p> <p>Teacher Workday No School</p>	<p>30</p> <p>Teacher Workday No School</p>	<p>31</p> <p>Cinnamon Crumb Bread</p> <p>Country Style Steak w/ Roll Chicken & Waffles Mashed Potatoes Turnip Greens Fruit Choice Milk</p>	<p>November 1</p> <p>Doughnut Hole w/ Cheese Stick</p> <p>Turkey & Gravy Rice Bowl Pulled Pork w/ Corn Muffin Green Beans Coleslaw Fruit Choice Milk</p>	<p>2</p> <p>Doughnut</p> <p>Pizza Fish & Shrimp Basket w/ Hushpuppies Manager's Veggie Choice Steamed Cabbage Fruit Choice Milk</p>
<p>5</p> <p>Southern Breakfast Biscuit</p> <p>Grilled Cheese Sandwich or Wow Butter Sandwich OCS Ciabatta Sandwich Tomato Soup Broccoli Carrots Fruit Choice Milk</p>	<p>6</p> <p>Sausage Biscuit</p> <p>Popcorn Chicken w/ Roll Corn Dog Nuggets Black Beans Sweet Potatoes Fruit Choice Milk</p>	<p>7</p> <p>OCS Breakfast Biscuit Yogurt Parfait</p> <p>Chicken Pot Pie w/ Roll Fish Sandwich Spinach Coleslaw Fruit Choice Milk</p>	<p>8</p> <p>French Toast Mini</p> <p>Roasted Chicken w/ Roll Cheeseburger or Hamburger Steamed Cabbage Baked Beans Potatoes Fruit Choice Milk</p>	<p>9</p> <p>Pancake Sausage on a Stick</p> <p>Pizza Manager's Entrée Choice French Fries Carrot Bag Garden Salad Fruit Choice Milk</p>
The following are also available daily:				
Breakfast: Cereal with Graham Crackers, Assorted Grab and Go options, 100% Fruit Juice, Fruit Choice and Fat Free Chocolate, Skim & 1% Milk				
Lunch: Fat Free Chocolate, Skim and 1% Milk				
Domino's Pizza Rice Bowl Bar	Wild Mike's Pizza Nacho Bar	OCS Salads Baked Potato Bar Domino's Pizza	OCS Sandwich Bar Big Daddy's Pizza	Spicy Chicken Sandwich

Menus are subject to change. This institution is an equal opportunity provider.



Monday	Tuesday	Wednesday	Thursday	Friday
Veterans Day 12 No School	Sausage Biscuit 13 Pasta w/ Meatsauce & Garlic Bread Manager's Entrée Choice Blackeye Peas Green Beans Black Beans Fruit Choice Milk	Cinnamon Bun 14 Chicken & Waffle Teriyaki Bites w/ Rice & Roll Au Gratin Potatoes Turnip Greens Fruit Choice Milk	Chicken Biscuit 15 Turkey & Dressing with Dinner Roll Corn Dog Nuggets Mashed Potatoes Greens Fruit Choice Milk	Pancake Sausage Sandwich Pizza Fish w/ Corn Muffin Steamed Cabbage Carrots Fruit Choice Milk
Southern Breakfast Biscuit 19 Grilled Cheese Sandwich or Wow Butter Sandwich OCS Ciabatta Sandwich Tomato Soup Broccoli Carrots Fruit Choice Milk	Sausage Biscuit 20 Popcorn Chicken w/ Roll Corn Dog Nuggets Black Beans Sweet Potatoes Fruit Choice Milk	No School 21	Happy Thanksgiving! 22	No School 23
Southern Breakfast Biscuit 26 Cheesy Baked Potatoes w/ Italian Sauce or Chili & Roll Cheese Sticks Salsa Collard Greens Seasoned Carrots Fruit Choice Milk	Sausage Biscuit 27 Pasta w/ Meatsauce & Garlic Bread Manager's Entrée Choice Blackeye Peas Green Beans Black Beans Fruit Choice Milk	Cinnamon Bun 28 Chicken & Waffle Turkey Rice Bowl w/ Roll Au Gratin Potatoes Turnip Greens Mixed Vegetables Fruit Choice Milk	Chicken Biscuit 29 Teriyaki Bites w/ Rice & Roll Barbecue Sandwich Coleslaw Manager's Vegetable Choice Lima Beans Fruit Choice Milk	Pancake Sausage Sandwich Pizza Fish w/ Corn Muffin Steamed Cabbage Carrots Fruit Choice Milk
December 3 Southern Breakfast Biscuit Grilled Cheese Sandwich or Wow Butter Sandwich OCS Ciabatta Sandwich Tomato Soup Broccoli Carrots Fruit Choice Milk	Sausage Biscuit 4 Popcorn Chicken w/ Roll Corn Dog Nuggets Black Beans Sweet Potatoes Fruit Choice Milk	OCS Breakfast Biscuit 5 Yogurt Parfait Chicken Pot Pie w/ Roll Fish Sandwich Spinach Coleslaw Fruit Choice Milk	French Toast Mini 6 Roasted Chicken w/ Roll Cheeseburger or Hot Dog w/ Chili Steamed Cabbage Baked Beans Potatoes Fruit Choice Milk	Pancake Sausage on a Stick Pizza Manager's Entrée Choice French Fries Carrot Bag Garden Salad Fruit Choice Milk
Southern Breakfast Biscuit 10 Cheesy Baked Potatoes w/ Italian Sauce or Chili & Roll Chicken Nuggets w/ Roll Salsa Collard Greens Seasoned Carrots Fruit Choice Milk	Sausage Biscuit 11 Pasta w/ Meatsauce & Garlic Bread Manager's Entrée Choice Blackeye Peas Green Beans Black Beans Fruit Choice Milk	Cinnamon Bun 12 Chicken & Waffle Turkey Rice Bowl w/ Roll Au Gratin Potatoes Turnip Greens Fruit Choice Milk	Chicken Biscuit 13 Baked Ham with Dinner Roll Corn Dog Nuggets Mashed Potatoes Greens Peas Fruit Choice Milk	Pancake Sausage Sandwich Pizza Fish w/ Corn Muffin Steamed Cabbage Carrots Fruit Choice Milk
Southern Breakfast Biscuit 17 Grilled Cheese Sandwich or Wow Butter Sandwich OCS Ciabatta Sandwich Tomato Soup Broccoli Carrots Fruit Choice Milk	Sausage Biscuit 18 Popcorn Chicken w/ Roll Corn Dog Nuggets Black Beans Sweet Potatoes Fruit Choice Milk	OCS Breakfast Biscuit 19 Yogurt Parfait Chicken Pot Pie w/ Roll Fish Sandwich Spinach Coleslaw Fruit Choice Milk	No School 20	No School 21
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Breakfast: Cereal with Graham Crackers, Assorted Grab and Go options, 100% Fruit Juice, Fruit Choice and Fat Free Chocolate, Skim & 1% Milk				
Lunch: Fat Free Chocolate, Skim and 1% Milk				
Domino's Pizza Rice Bowl Bar	Wild Mike's Pizza Nacho Bar	OCS Salads Baked Potato Bar Domino's Pizza	OCS Sandwich Bar Big Daddy's Pizza	Spicy Chicken Sandwich