

Ordrige cour	11, 30113013		Octo	oer & November 2018
Monday	Tuesday	Wednesday	Thursday	Friday
October 1 Southern Breakfast Biscuit	2 Sausage Biscuit	3 Cinnamon Crumb Bread	Doughnut Hole w/ Cheese Stick	5 Doughnut
Chicken Nuggets w/ Roll Cheesy Baked Potatoes w/ Roll Broccoli Carrots Fruit Choice Milk	OCS Deli Sub Popcorn Chicken w/ Roll Pinto Beans Sweet Potatoes Fruit Choice Milk	Country Style Steak w/ Roll Chicken & Waffles Potatoes Turnip Greens Fruit Choice Milk	Turkey & Gravy Rice Bowl Pulled Pork w/ Corn Muffin Green Beans Coleslaw Fruit Choice Milk	Pizza Fish & Shrimp Basket w/ Hushpuppies Manager's Veggie Choice Steamed Cabbage Fruit Choice Milk
8 Southern Breakfast Biscuit	9 Sausage Biscuit	10 OCS Breakfast Biscuit Yogurt Parfait	11 Breakfast Bagel	12 Doughnut
Cheese Sticks w/ Sauce Loaded Baked Potato w/ Roll Broccoli Carrots Fruit Choice Milk	Nachos Pulled Pork Sandwich Refried Beans Sweet Potatoes Fruit Choice Milk	Chicken Pasta Bake w/ Breadstick Cheeseburger Garden Salad Turnip Greens Fruit Choice Milk	Pasta & Meatsauce w/ Garlic Bread Hot Dog w/ Toppings Coleslaw French Fries Fruit Choice Milk	Pizza Manager's Entrée Choice Corn Green Peas Steamed Cabbage Fruit Choice Milk
15 Southern Breakfast Biscuit	16 Sausage Biscuit	17 Cinnamon Crumb Bread	18 Doughnut Hole w/ Cheese Stick	19 Doughnut
Chicken Nuggets w/ Roll Cheesy Baked Potatoes w/ Roll Broccoli Carrots Fruit Choice Milk 22 Southern Breakfast Biscuit	OCS Deli Sub Popcorn Chicken w/ Roll Pinto Beans Sweet Potatoes Fruit Choice Milk 23 Sausage Biscuit	Country Style Steak w/ Roll Chicken & Waffles Potatoes Turnip Greens Fruit Choice Milk OCS Breakfast Biscuit Yogurt Parfait	Turkey & Gravy Rice Bowl Pulled Pork w/ Corn Muffin Green Beans Coleslaw Fruit Choice Milk 25 Breakfast Bagel	Pizza Fish & Shrimp Basket w/ Hushpuppies Manager's Veggie Choice Steamed Cabbage Fruit Choice Milk 26 Doughnut
Cheese Sticks w/ Sauce Loaded Baked Potato w/ Roll Broccoli Carrots Fruit Choice Milk	Nachos Pulled Pork Sandwich Refried Beans Sweet Potatoes Fruit Choice Milk	Chicken Pasta Bake w/ Breadstick Cheeseburger Garden Salad Turnip Greens Fruit Choice Milk	Pasta & Meatsauce w/ Garlic Bread Hot Dog w/ Toppings Coleslaw French Fries Fruit Choice Milk	Pizza Manager's Entrée Choice Corn Green Peas Steamed Cabbage Fruit Choice Milk
29 Teacher Workday No School	30 Teacher Workday No School	31 Cinnamon Crumb Bread	November 1 Doughnut Hole w/ Cheese Stick	2 Doughnut
		Country Style Steak w/ Roll Chicken & Waffles Potatoes Turnip Greens Fruit Choice Milk	Turkey & Gravy Rice Bowl Pulled Pork w/ Corn Muffin Green Beans Coleslaw Fruit Choice Milk	Pizza Fish & Shrimp Basket w/ Hushpuppies Manager's Veggie Choice Steamed Cabbage Fruit Choice Milk
5 Southern Breakfast Biscuit	6 Sausage Biscuit	7 OCS Breakfast Biscuit Yogurt Parfait	8 French Toast Mini	9 Pancake Sausage on a Stick
Grilled Cheese Sandwich or Wow Butter Sandwich OCS Ciabatta Sandwich Tomato Soup Broccoli Carrots Fruit Choice Milk	Nachos Corn Dog Black Beans Sweet Potatoes Fruit Choice Milk	Chicken Pot Pie w/ Roll Fish Sandwich Spinach Coleslaw Fruit Choice Milk	Roasted Chicken w/ Roll Cheeseburger or Hamburger Steamed Cabbage Baked Beans Fruit Choice Milk	Pizza Manager's Entrée Choice Carrot Bag Garden Salad Fruit Choice Milk
		ne following are also available dai ab and Go options, 100% Fruit Juice	ly: e, Fruit Choice and Fat Free Chocola	ate, Skim & 1% Milk
	Lunc	h: Fat Free Chocolate, Skim and 19	% Milk	
Grab & Go Box Pizza	Wild Mike's Pizza	OCS Salads Domino's Pizza	Big Daddy's Pizza OCS Egg Power Box	Spicy Chicken Sandwich
	Menus are subject to	change. This institution is an equa	opportunity provider.	



Monday	Tuesday	Wednesday	Thursday	Friday
12	13	14	15	16
Veterans Day	Sausage Biscuit	Cinnamon Bun	Chicken Biscuit	Pancake Sausage Sandwich
	Spaghetti w/ Meatsauce &		Turkey & Dressing with	
	Garlic Bread	Chicken & Waffle	Dinner Roll	Pizza
No School	Manager's Entrée Choice	Teriyaki Bites w/ Rice & Roll	Corn Dog Nuggets	Fish w/ Corn Muffin
	Blackeye Peas	Au Gratin Potatoes	Mashed Potatoes	Steamed Cabbage
	Green Beans	Turnip Greens	Greens	Carrots
	Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice
	Milk	Milk	Milk	Milk
19	20	21	22	23
Southern Breakfast Biscuit	Sausage Biscuit	No School	Happy Thanksgiving!	No School
Southern Breaklast Discut	Sausage Discuit	NO SCHOOL	Happy Hanksgiving:	140 3611001
Grilled Cheese Sandwich or				
Wow Butter Sandwich	Nachos			
OCS Ciabatta Sandwich	Corn Dog			
	COITI DOG			
Tomato Soup	Black Beans			
Broccoli	Sweet Potatoes			
Carrots	Fruit Choice			
Fruit Choice Milk	Milk			
26	27	28	29	3
Southern Breakfast Biscuit	Sausage Biscuit	Cinnamon Bun	Chicken Biscuit	Pancake Sausage Sandwich
Cheesy Baked Potatoes w/	Spaghetti w/ Meatsauce &			
Italian Sauce or Chili & Roll	Garlic Bread	Chicken & Waffle	Teriyaki Bites w/ Rice & Roll	Pizza
Cheese Sticks	Manager's Entrée Choice	Turkey Rice Bowl w/ Roll	Barbecue Sandwich	Fish w/ Corn Muffin
Salsa	Plankova Daga	Potatoes	Coleslaw	Steamed Cabbage
Collard Greens	Blackeye Peas Green Beans	Turnip Greens	Manager's Vegetable Choice	Carrots
Fruit Choice	Fruit Choice	Fruit Choice	Lima Beans	Fruit Choice
Milk	Milk	Milk	Fruit Choice	Milk
IVIIIK	WIIIK	WIIIK	Milk	WIIK
December 3	4	5	6	1
Southern Breakfast Biscuit	Sausage Biscuit	OCS Breakfast Biscuit	French Toast Mini	Pancake Sausage on a Stick
		Yogurt Parfait		
Grilled Cheese Sandwich or			Roasted Chicken w/ Roll	
Wow Butter Sandwich	Nachos	Chicken Pot Pie w/ Roll	Cheeseburger or Hot Dog w/	Pizza
OCS Ciabatta Sandwich	Corn Dog	Fish Sandwich	Chili	Manager's Entrée Choice
Tomato Soup				
Broccoli	Black Beans	Spinach	Steamed Cabbage	Carrot Bag
Carrots	Sweet Potatoes	Coleslaw	Baked Beans	Garden Salad
Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice
Milk	Milk	Milk	Milk	Milk
10	11	12	13	14
Southern Breakfast Biscuit	Sausage Biscuit	Cinnamon Bun	Chicken Biscuit	Pancake Sausage Sandwich
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Cheesy Baked Potatoes w/	Spaghetti w/ Meatsauce &			
Italian Sauce or Chili & Roll	Garlic Bread	Chicken & Waffle	Baked Ham with Dinner Roll	Pizza
Chicken Nuggets w/ Roll	Manager's Entrée Choice	Turkey Rice Bowl w/ Roll	Corn Dog Nuggets	Fish w/ Corn Muffin
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Salsa	Blackeye Peas	Au Gratin Potatoes	Mashed Potatoes	Steamed Cabbage
Collard Greens	Green Beans	Turnip Greens	Greens Peas	Carrots Fruit Chains
Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice
Milk	Milk	Milk	Milk	Milk
17	18	19	20	2
Southern Breakfast Biscuit	Sausage Biscuit	OCS Breakfast Biscuit	No School	No School
		Yogurt Parfait		
Grilled Cheese Sandwich or				
Wow Butter Sandwich	Nachos	Chicken Pot Pie w/ Roll		
OCS Ciabatta Sandwich	Corn Dog	Fish Sandwich		
Tomato Soup	Plank Pages	Cninash		
Broccoli	Black Beans	Spinach		
Carrots	Sweet Potatoes	Coleslaw Fruit Choice		
Fruit Choice	Fruit Choice Milk	Fruit Choice Milk		
Milk	IVIIIK	IVIIIK		
	Th	e following are also available dai	ly:	
Breakfast: Cereal w			e, Fruit Choice and Fat Free Chocol	ate, Skim & 1% Milk
	Lunc	h: Fat Free Chocolate, Skim and 19	% Milk	
Grab & Go Box	Wild Mike's Pizza	OCS Salads	Big Daddy's Pizza	Spicy Chicken Sandwich
Pizza		Domino's Pizza	OCS Egg Power Box	Spicy Chicken Sandwich
		change. This institution is an equal		

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