



## Orange County Schools Summer Menu for June 2024

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>Breakfast and Lunch include choice of fat-free chocolate or 1% milk</b>  <b>Menus are subject to change.</b>
June 3	June 4	June 5	June 6	June 7
June 10	June 11	June 12	June 13	June 14
<b>June 17</b> Cereal Apple  Chicken Sandwich Mixed Vegetables Applesauce Cup	<b>June 18</b> Strawberry Bagel Mandarin Oranges  Cheeseburger French Fries Juice	<b>June 19</b>  <b>HOLIDAY</b> <b>No Programs</b>	<b>June 20</b> Chicken Sausage Biscuit Applesauce Cup  Chicken Nuggets/Goldfish Baby Carrots Strawberry Cup	<b>June 21</b> Sweet Bread Juice  Pizza Dippers Steamed Broccoli Mandarin Oranges
<b>June 24</b> Cereal Pineapple Tidbits  Chicken Fajita Wrap Pinto Beans Salsa Juice	<b>June 25</b> Muffin Orange  Pork BBQ Sandwich Baked Beans Pineapple Tidbits	<b>June 26</b> Dunkin Sticks Juice  Corndog French Fries Orange	<b>June 27</b> Waffle Strawberry Cup  Chicken Drumstick/Cheez its Mango Wango Veggie Juice Strawberry Cup	<b>June 28</b> Pancake on a Stick Juice  Cheese Pizza Corn Applesauce Cup

### Nutrition Byte

#### Summer Meal Sites are the Place to Be!

Did you know? N.C. Summer Nutrition Programs offer:

- Appealing, nutritious meals
- Farm to summer connections to agriculture, nutrition, and local food
- Educational enrichment
- Fitness opportunities
- Fun!

At no-cost to kids and teens, ages 18 and younger.

N.C. Summer Nutrition Programs are the place to be! You can find summer meal sites at schools, parks & rec centers, summer camps, community parks, libraries, faith centers, and more locations near you.

What can you do?

- Find nearby summer meals:
  - Text "FOODNC" to 304-304.
  - Call 1.866.3HUNGRY (1.866.348.6479) or 1.877.8HAMBRE (1.877.842.6273).
  - Visit [summermeals4nckids.org](http://summermeals4nckids.org).
- Ask an organization to host a Summer Nutrition Program. Find more info at [summermeals4nckids.org](http://summermeals4nckids.org).
- Volunteer for a N.C. Summer Nutrition Program in your area. For more info, go to [www.nc.gov/working/volunteer-opportunities/volunteernc](http://www.nc.gov/working/volunteer-opportunities/volunteernc).
- Promote N.C. Summer Nutrition Programs.

**Nutrilink:** Learn more at [summermeals4nckids.org](http://summermeals4nckids.org).